



120th ANNUAL CROSS COUNTRY CHAMPIONSHIPS

(Under UKA Rules, cc26/1984)

SATURDAY DECEMBER 12th 2026, 10.30am, Bedeswell Park, Jarrow

HOSTS JARROW & HEBBURN AC, SPONSORED BY START FITNESS

U12 BOYS 2k -10.30 NO TEAMS- AGES 10 & 11 ON AUGUST 31st 2027

U12 GIRLS 2k 10.40 NO TEAMS -AGES 10 & 11 ON AUGUST 31st 2027

U14 BOYS 3k- 11.00 3 to score AGES 12 & 13 ON AUGUST 31st 2027

U14 GIRLS 3k 11.15 3 to score -AGES 12 & 13 ON AUGUST 31st 2027

U16 BOYS 4k 11.30 3 to score -AGES 14 & 15 ON AUGUST 31st 2027

U16 GIRLS 4k 11.45 3 to score -AGES 14 & 15 ON AUGUST 31st 2027

U18 BOYS 8k 12.05 Combined - AGES 16 & 17 ON AUGUST 31st 2027

U20 MEN 8k - 3 to score - AGES 18 & 19 ON AUGUST 31st 2027

U18 GIRLS 5k 12.40 Combined AGES 16 & 17 ON AUGUST 31st 2027

U20 WOMEN 5k 3 to score AGES 18 & 19 ON AUGUST 31st 2027

SEN MEN 10k 13.20 6 to score AGE MUST EXCEED 20 ON 31/8/2027

SEN WOMEN 8k 14.15 4 to score AGE MUST EXCEED 20 ON 31/8/2027

1st 3 Individuals in all categories, + masters men and women O40 (age on the day)

Middlesborough & Cleveland H Centenary Trophy: Best overall club

JC Kennedy Trophy: Best overall women`s club performance

Gallery Jewellers Trophy: Best overall men`s club performance

PLEASE NOTE ENTRIES MUST BE SUBMITTED ONLY BY CLUB SECRETARIES

CONDITIONS OF ENTRY: All competitors must have been born in the North East Counties OR have 9 months continuous residence in the County prior to the date of competition. All team members must be bona fide FIRST CLAIM members of NE CLUBS and registered with England Athletics.

Entry Fees U12,14,16,18,20 £5. Senior Men/Women £8. Entries Close November 27th midnight. Online via **SPORTSOFT ENTRIES. www.race-results.co.uk**
STRICTLY NO LATE ENTRIES. Enquiries to P Brown pbroony5@gmail.com.

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